

# 2024 GIG

## Girls Into Golf

### Term 1

#### JANUARY

- 6th We start the year on the driving range focusing on set up fundamentals. Aim and alignment. How and what to practice effectively.
- 13th We are out on our beautiful course with our lovely mentors Georgie, Rosemary, Bronwyn & Wendy.
- 20th Our focus is on Chipping. The fundamentals of set up and stroke. Utilising different clubs. Landing spots.
- 27th Back on the course.

#### FEBRUARY

- 3rd Specialty shots. How to shape shots. High and Low, Draw and Fade. How to play sloping lies. Playing out of the rough.
- 10th Back on the course.
- 17th Putting. The fundamentals of set up and stroke. The importance of speed and controlling distance. How and what to practice.
- 24th Back on our beautiful Course

#### MARCH

- 2nd Pitching and bunkers. The basics of bunker play. How to control the trajectory and when to use the different wedges.
- 16th Revision of full swing fundamentals.
- 23rd Back on our beautiful course.

We are always dependent on the weather. If it is inclement and the session is cancelled, I will contact you by SMS. Alternatively, please contact me on 0438 178 848 if you are in doubt! This program is subject to change due to unforeseen circumstances.